Rapid weight gain — It's estimated that 23.4 million (Frequent dry, hacking cough Too many Americans have high total cholesterol levels, as Obesity continues to be an epidemic in the U.S. among adults Loss of appetite Shortness of breath while Trouble sleeping (waking up short of breath, using abdomen) It accounts for 1 in every 4 female deaths in American women. Heart disease is the leading cause of death for American women. In 2013, heart disease killed 203,182 American women. About 3 million American women have heart failure. Of the 900,000 new cases of heart failure diagnosed each year, women account for 505,000. Women die from congestive heart failure more often than men do, accounting for 56% of all heart failure deaths. Roughly 5.8% of all white women and 7.6% of African-American and Mexican-American women all have coronary heart disease. Among Hispanic women, heart disease and cancer cause roughly the same number of deaths. Heart disease is more often a cause of death for American women than for American men. 

Heart failure is a complex and progressive disorder that can significantly impact a patient’s quality of life.

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